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# KCHR WEBINAR THE 'HOME SCIENCE' OF GENDERING FOOD A COLONIAL CONSEQUENCE

#### **Dr. DEEPA GOPALAKRISHNAN**

178422339393444

Assistant Professor, Department of History Co-Operative Arts and Science College, Madayi, Kannur



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### ABSTRACT

The present paper focuses on the transformation that happened in the gender roles, especially in connection with food and cooking in colonial Malabar under the project of colonial modernity. The paper argues that Victorian ideologies during colonial rule made the act of cooking much more gendered than in the pre-colonial period. Colonial education policies encouraged imperial domesticity in the colonies. The introduction of a new curriculum on cooking in educational institutions made middle-class women praise the act of cooking in the 19th and 20th centuries through magazines and periodicals edited by them.

## ABOUT THE SPEAKER



**Dr. Deepa Gopalakrishnan** is an Assistant Professor of History at the Department of History, Co-Operative Arts and Science College Madayi, Kannur. She holds a postgraduate degree in History from the Department of History, NSS College, Manjeri. Her MPhil focused on "The Food Culture

of Eranad: A Historical Study" from Sree Sankaracharya University of Sanskrit, Kalady, and her PhD research looked at "The Politics of Food and Cuisine: Religion, Power, and Gender in the Making of Food in Colonial Malabar" under the guidance of Dr. E.N. Lakshmanan from the Department of History at Sree Sankaracharya University of Sanskrit, Kalady. During her doctoral studies, Dr. Gopalakrishnan was awarded a junior research fellowship by the Kerala Council for Historical Research. Her research interests primarily lie in the field of Gender History and Cultural History. She has also authored a book titled "*Kerala Bhakshana Charitram*," which explores aspects of food culture in Kerala.

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